



## SIUE Competitive Dance Team Overview, Expectations and Application 2022-2023

The Southern Illinois University Edwardsville Competitive Dance Team is administered through Campus Recreation. We support the mission of Campus Recreation, which is to enhance the collegiate experience, foster personal and professional development, and provide opportunities for cultural and social interaction.

The SIUE Dance Team is a competitive dance team. We are looking for elite level technicians, entertaining and strong performers and collegiate professionalism. Members of the SIUE Competitive Dance Team must be enrolled for a minimum of 12 hours per semester, maintaining a minimum 2.0 GPA to be eligible. The length of service for a member of the SIUE Competitive Dance Team is through May 2023. The SIUE Dance Team performs at several home men's and women's basketball games and also competes at NDA Collegiate Nationals.

Note: The administrators of the SIUE Competitive Dance Team Program reserve the right to refuse a tryout or a position on the team to any person for reason of academic deficiencies or violations against the University's standards of conduct, past performances which dishonored the integrity of the program or university, or physical liability.

If you are selected as part of the SIUE Competitive Dance Team, your first practice will be on Wednesday, August 31 from 6:00PM-9:00PM. Practices will be held every Sunday from 1:00PM-4:00PM and Wednesday from 6:00PM-9:00PM. Additional dates will be announced as added to the schedule. Workouts for strength and conditioning are also mandatory.

Uniforms will be provided by the University. Team members are expected to purchase footwear and additional team wear, in addition to payment of a one-time Nationals fee. The total fee for participation is \$600.00. Team members will also be called upon to participate in mandatory fundraisers. Additional fundraisers will be available to every team member to off-set further Nationals' expenses.

Tryout details and an application appear below. If you are chosen to be part of this program, we expect a high level of commitment from you. Feel free to contact Coach Deets via e-mail if you have any further questions. We wish you the best of luck during tryouts!

Sincerely,

Michelle Deets, Head Coach  
SIUE Competitive Dance Team  
michelledets@idta.org



## SIUE Competitive Dance Team Tryout Information 2022-2023

Date/Location/Time:

August 27, 2022/Meet in the Student Fitness Center Lobby/Check-in begins @ 10:00AM

Note:

Tryouts are closed to the public. No video/audiotaping or photography will be permitted.

Please bring the following documents to turn in at tryouts. Failure to have ALL forms will render the student ineligible to tryout.

1. Application
2. 5" x 7" color head shot
3. A copy of your SIUE ID
4. SIUE Competitive Cheer and Dance Contract and Guidelines Signature Sheet (posted on website: [siuecheeranddance.com](http://siuecheeranddance.com))

Each applicant will be evaluated on the following:

1. Turns: Right pirouettes (double, triple, quad); turns in second
2. Leaps: Jeté, leap in second, calypso, turning disc
3. Jumps: Toe touch
4. Flexibility: Splits; leg hold
5. Combo routine taught at tryouts
7. Interview (will be conducted in your tryout attire)

Tryout Attire:

Black tank or leotard and black booty shorts/tights are optional  
NO embellishments on tops or bottoms  
Tan jazz shoes  
Hair should be worn in a bun  
Makeup game ready  
Rhinestone earrings allowed in ears only; NO additional jewelry



**SIUE Competitive Dance Team**  
**Tryout Application**  
2022-2023

PLEASE PRINT ALL INFORMATION LEGIBLY.

Full Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_ Birthdate: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Classification for Fall:  Freshman  Sophomore  Junior  Senior

Parent(s) Name(s): \_\_\_\_\_

Street Address (*if different from above*): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Emergency Contact and Phone: \_\_\_\_\_

Previous dance experience: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Pre-existing Injuries: \_\_\_\_\_

\_\_\_\_\_

Other Activities/Employment: \_\_\_\_\_

\_\_\_\_\_

Please include a reference that we may contact (preferably a current coach, former coach or current teacher)

Name/Relationship to you: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_